

## ITALIAN LANGUAGE, ART AND LIFE COURSE

### 1 OR 2 WEEKS IN ROME STUDY-HOLIDAY

**4 Italian language lessons in the morning of appropriate level; afternoon guided tour in the most beautiful historical sites of Rome. Also enjoy experiences such as learning to make eggs pasta, have dinner in typical restaurants, wine tasting etc. A complete way to fully enjoy the city, learn Italian and get to meet new friends.**

**8 PEOPLE MINIMUM**

### 1ST WEEK CULTURAL PROGRAM

**Monday, September 23rd, 2019**

Colosseum and Roman Forum lasting maximum 3 hours

The Roman Forum was Il Foro Romano the center of Roman public life especially during the Republic. Julius Caesar celebrated his victory against Gaul with a great triumphal ceremony on the Via Sacra. Over the centuries the various monuments were built: first the buildings for political, religious and commercial activities, then the civic basilicas, where the judicial activities took place. Not far away, in the archaeological heart of the city of Rome, the Flavian Amphitheater, known as the Colosseum, the largest amphitheater ever built in the empire. It stands out for its monumentality and welcomes a large number of visitors every day attracted by the intact charm of its history and its complex architecture. Built in the first century AD at the behest of the emperors of the Flavian dynasty, the Colosseum, so called by a colossal statue of Nero that stood nearby, has hosted, until the end of the ancient age, shows of great popular appeal, such as the hunts public executions and fights Arena.



## Tuesday, September 24th, 2019



The Palatine lasting maximum 3 hours

The Palatine Hill is the cradle of Roman civilization, from the "sacred furrow" traced by Romulus to the residence of the emperors.

Near the imposing remains of the Domus Flavia and Augustana, traces of the Romulee huts survive, also traces of the Scalae Caci and

the archaic temple of Mater Matuta, next to which Augustus built his refined dwelling connected to the terrace of the sanctuary of Apollo.

In 1500, when the splendor of the imperial palaces seemed to have vanished, the Horti Farnesiani were built by Cardinal Alessandro Farnese for the planting of exotic plants, and later the Barberini planted their vineyard where the traces of the dining room emerged. revolving of Nero.

## Wednesday, September 25th, 2019



### Excursion to Parco degli Acquadotti

The Parco degli Acquadotti is a real green lung, an oasis of history and nature together. The park is characterized by the presence of seven Roman aqueducts that distributed water throughout the city of Rome.

Even today you can see a large part of the Claudio Aqueduct covering the Park almost all its length. At the end of the walk we will taste typical Roman products.

(In case of rain it will be our responsibility to propose

an alternative exit).

## Thursday, September 26th, 2019

St. Peter's Basilica lasting maximum 3 hours

It is the largest Basilica of Christianity in the world. The first Basilica, now disappeared, was built by the emperor Constantine around 320 AD



on the places where St. Peter had been martyred (along with other Christians) at the circus of Nero that stood in this place. For about a thousand years the Basilica grew and was enriched, but it was also the scene of looting the barbarian hordes.

The Basilica was consecrated in 1626. The design of the dome is by Michelangelo who managed to finish only the part of the base of the dome called the Drum. Giacomo Della Porta will complete the dome based on Michelangelo's drawings in 1588-89.

The arrangement of most of the interior decoration of the Basilica was entrusted to Bernini by his indefatigable Pope Urban VIII Barberini. Bernini worked in the basilica for twenty years. The arrangement of the square in front of the Basilica is also due to this artist (1656-1667).

Inside the Basilica there are numerous and priceless works of art kept in the 45 altars and 11 chapels.

There are about ten thousand square meters of mosaics, the "Pietà" by Michelangelo, the papal canopy and the monument to Urban VIII by Bernini, the monument to Christina of Sweden by Carlo Fontana and the monument to the Countess Matilde di Canossa (under the design of Bernini), just to mention some of the most important.

## Friday, September 27th, 2019



### The Fresh Pasta handmade class

When the hands work in the kitchen with care, knead, stretch, caress .. even a simple pasta dish becomes special! Few ingredients, only one recipe, many imaginative ideas!

Available for each student the apron and a single station with rolling pin, flour, eggs and of course, the

most important ingredient ... their own hands!

The participants, guided by our "Sfoglina" Marzia Peri Proto will be able to learn and apply the basic preparation techniques, and grasp the notions to be able to test themselves in the apparently simple cooking of fresh pasta.

We will make some pasta shapes as simple as tagliatella, which we will cook and eat together!

And at the end we will deliver the certificate of participation, the pasta recipe and the kitchen apron!

## First week from Monday September 23rd to Friday September 27th

The Student package including Italian language course from Monday to Friday from 9.30 to 13.05; guided tours, tour leader, entrance tickets, product tasting and Parco degli Acquadotti snack is:

**€ 420.00** each, excluding the trip to Viterbo (optional) which includes guided tour of Viterbo, tasting-lunch, glassofusion course, train tickets



**(Optional)**

**Saturday, September 28th, 2019**



### Viterbo and glass fusion course

Full day "out of town" in Viterbo that between 1100 and 1300 was one of the most important cities in Europe. For several decades it was a refuge for the popes fleeing from Rome, historically known as the "City of the Popes", in the XIII century it was the papal seat and for about 24 years the Papal Palace hosted or were elected Popes. After a walk to discover the most beautiful historical places and a tasting of typical local products, the artistic glass fusion course will be carried out during which an object will be realized through an ancient technique of the historical shop of Aquarubra, in the heart of medieval Viterbo.

***Price per person of the guided tour, tasting-lunch, glassofusion course, train tickets***

**€ 55,00**

## 2nd WEEK CULTURAL PROGRAM

**Monday, September 30th, 2019**



Caravaggio inside Roman churches

Lasting maximum 3 hours

Michelangelo Merisi da Caravaggio was one of the most revolutionary painters in the history of art, his figures sculpted by the light emerge from the darkness with a disconcerting force and modernity, his own life was intense and sometimes violent,

illuminated by brief periods of fame and of absolute genius.

During our guided walk we will talk about his stay in Rome in the streets where he lived and worked, and in the churches that hold some of his most significant works.

We will admire in these rich Christian temples, the overwhelming beauty of the Cappella Contarelli, with the Stories of the life of S. Matteo in S. Luigi dei Francesi; the poetry of the Madonna dei Pellegrini in S. Agostino and the drama of the Cerasi Chapel with the Crucifixion of St. Peter and the Conversion of St. Paul in Santa Maria del Popolo.

Let Be guided to the discovery of the places of Caravaggio in Rome we will walk in some of the most famous areas in the world for artistic and historical density.

**Tuesday, October 1st, 2019**

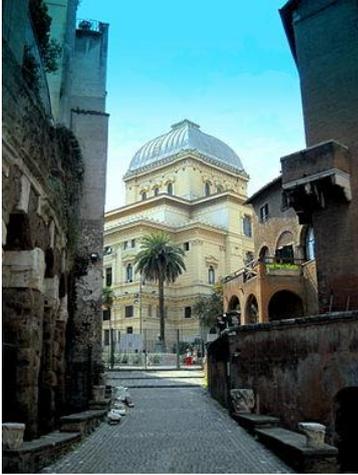


Walking Tour on the Colle del Quirinale and special visit to the Aurora Pallavicini Casino

(Special Opening)

On the Quirinale Hill, above the ruins of the Baths of Constantine, a few steps from the ancient summer residence of the Popes, rises the Aurora Casino. Wanted by Cardinal Scipione Borghese at the beginning of the seventeenth century, the casino stands out for its rigorous architecture mixed with a flourishing baroque decoration of stucco and ancient marbles. Inside we will enjoy works of great value: around the famous fresco of the Aurora by Guido Reni we will find the classicist paintings by Paul Bril, Giovanni Baglione and del Tempesta.

**Wednesday, October 2nd, 2019**



### Typical Roman dinner at the Ghetto

The Ghetto of Rome, second only to that of Venice, was established by Pope Paul IV in 1555, and served as a forced residence for the Jews of the city until 1848, when Pius IX decreed its abolition. Here streets, squares and monuments, in addition to the undisputed historical-artistic and archaeological value, bear the memory of the events linked to the Jewish people, forced to live in this area for more than three centuries, and whose presence still characterizes the area, in a fascinating mix of tradition and modernity.

We will have dinner together in a Jewish restaurant where we will be able to taste the dishes of the ancient Roman tradition at the Portico d'Ottavia.

**Thursday, October 3rd, 2019**



### Borghese Gallery lasting 2 hours

Located in the greenery of the public park most beloved by the Romans, the Galleria Borghese is an authentic treasure trove of artistic treasures, the result of the collecting of Cardinal Scipione Borghese, who in the early 1600s built this villa just to place his collection.

Do not miss the series of sculptures made for the cardinal by the young Gian Lorenzo Bernini (Aeneas, The Rape of Proserpine, Apollo and Daphne, and David) who seem to want to invite us to participate in their stories, Amor Sacro and Amor Profano of Tiziano, the masterpieces of Caravaggio and the admirable Princess Paolina Borghese, Napoleon's favorite sister, portrayed by Canova as Venus Winner.

## First and second week from Monday September 23rd to October 4th

The Student package including all what included in the first week; Italian language course from Monday to Friday from 9.30 to 13.05, guided tours, tour leader, entrance tickets where necessary, dinner at the Ghetto is:

**€ 800.00** each, excluding the trip to Tivoli (optional) which includes entrance ticket to Villa D'Este, lunch, train tickets

**(Optional)**

## **Saturday, October 5th, 2019**



### Villa D'Este between Fountains and Gardens

Emblem of the temporal power of the High Clergy and at the same time of its aesthetic sensibility and great humanistic culture. In the place that for centuries was known as the Gaudente Valley, Cardinal Ippolito II d'Este creates a sumptuous residence, where the scenic architecture of gardens and fountains closes the Renaissance, preludes the Baroque and becomes a model for the parks of the European royal Residences . Visit of the palace, throne room - introduction to the historical period of the Renaissance explanation of the

hydraulic system - visit of 3 levels of Italian gardens with beautiful fountains and ancient trees. At the end of the visit we will go to lunch in a typical Tivoli restaurant

*Price per person of the guided tour, ticket, lunch and transport*

**€ 55,00**

*Minimum number of participants required is 8 people*